



EXPERTS' TIPS TO GET RID OF BACNE FOR GOOD

Body acne can be one of the most annoying issues you have to deal with, especially if you were planning to bring out the swimsuits and tank tops for summer. Don't worry about covering up, you just need to follow these doctors' tips to get rid of bacne once and for all

27 JUL 2018 BY DEBBY KWONG



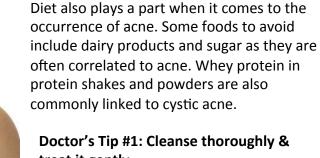
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Body acne is something that you might experience even as an adult, whether it's due to stress, hormones, an unbalanced diet or not getting out of your sweaty exercise clothes quickly enough. Caused by clogged pores, excess oil and irritated skin, it's easy to treat body acne with a good body wash and hygiene habits.

But if you have body acne at hard to reach areas or over a large area, it might be better to get the professionals involved with in-clinic treatments.



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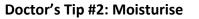
Doctor's Tip #1: Cleanse thoroughly & treat it gently

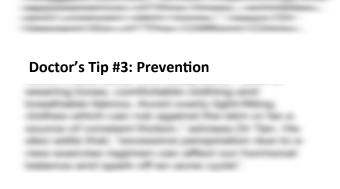






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Doctor's Tip #4: Correction

According to Dr Heng Wee Soon of The Ogee Clinic. he recommends The Acne Peel, which consists of 2 steps: medical extractions and a back skin peel using the clinic's specially designed chemical peel cocktail to gently exfoliate and target clogged pores and sebum plugs. Try the Blue Light PDT, which has been shown to improve inflammatory acne by up to 50%, says Dr Heng.

"It is safe, convenient, and painless. The combination of Blue Light PDT and The Acne Peel are highly efficacious to reduce angry and stubborn acne," he adds.